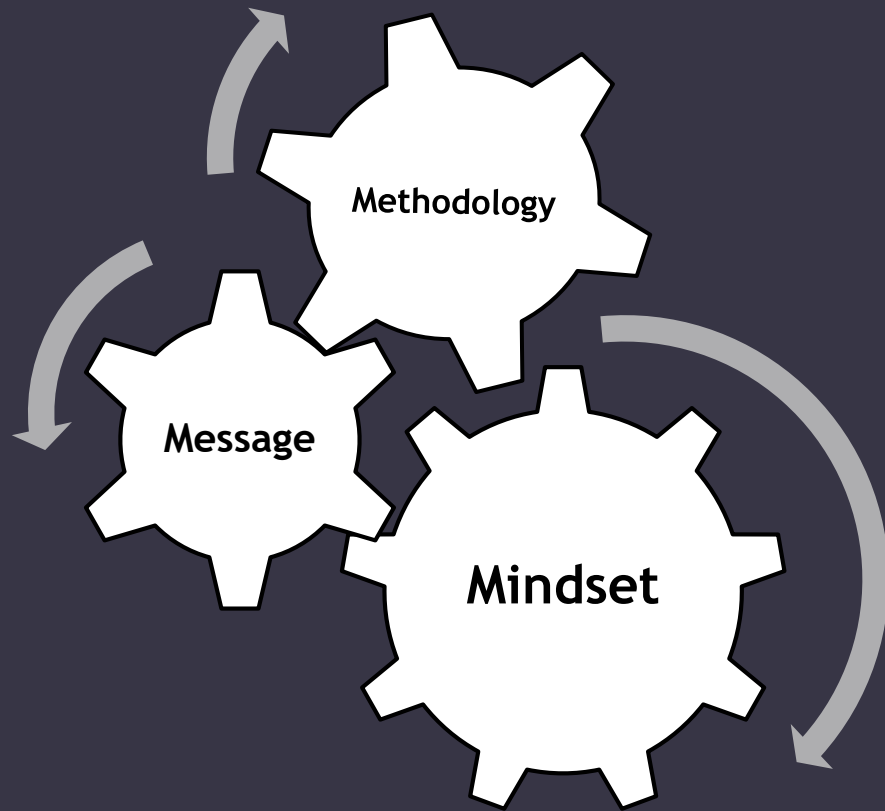


# Cultivating Healthy Life & Workplace Culture



## 480 ISRG

Ft Gordon, GA

### Airman Resiliency Team



## Transforming Health & Readiness In Vital Environments

*Mission: Inspiring Airmen & Families to  
Thrive in Their Lives and Mission*



Trusted Care Anywhere!



Inspiring Readiness!

- ❖ **T.H.R.I.V.E.** is a messaging model designed to synergize and mobilize *Medical, Mental Health, A&FRC and Chaplain's Corps* to collaborate in providing timely, relevant solutions for Airmen resulting in healthy life and workplace culture.
- ❖ **Mindset:** A focus on nurturing mutual appreciation and reliance amongst embedded disciplines and support services.
- ❖ **Message:** Through modeling we convey a “Care-About Culture” which values purpose, belonging, safety and authenticity.
- ❖ **Methodology:** To solidify a cross-functional support team (CFST) approach, to assess the local culture, engage Airmen at all levels, identify trends and advise leaders.

- ❖ **Solutions:** An assessment of the local culture revealed a need for connectedness among Airman and strengthening intra- and inter-personal relationships skills. We utilized iPEC coaching and Emotional Intelligence training to successfully resolve two of our organizations challenges.



- ❖ **Josh Bersin from *Business Today*** commented on modern teaming: *Technology has transformed the way we communicate, live, and, the way work gets done. And this new world of “always-on” technology has disrupted the way we organize ourselves. Earlier this year, we asked more than 7,000 companies to rate their biggest challenges for the coming year. The No. 1 trend they cited, which 92 percent of companies stated as urgent, was the need to “reorganize our business to better meet customer needs.” In other words, nearly every company in the world is telling us that their organizational structure, roles, and jobs, as designed, are simply not working.* Bersin, Josh, “It’s All about Team Work,” *Business Today*, Living Media Ltd., (January 17, 2017)

## Contact Information

Ch, Maj Timothy “Dan’ Warf, USAF, DMin  
Timothy.d.warf.mil@mail.mil

Maj Sonia N. Pons, USAF, Psy. D.  
Sonia.n.pons.mil@mail.mil

Capt Maggie C. Wertz, USAF, MD  
maggie.c.wertz.mil@mail.mil

MSgt Jeremiah E. Patterson  
jeremiah.e.patterson.mil@mail.mil